



## **Indian Mela Cultural Programme. Saturday 11<sup>th</sup> May**

12.00PM	Lighting of the lamp on stage
12.05PM	India National Anthem Welsh National Anthem
12.20PM	Speeches by Principal guests
12.45PM	Cultural Performances
2-3PM	Workshops <b>Kent Room:</b> Meditation & Well -Being by Umakant Dave MBE <b>Bar area:</b> Cookery demonstration by Fen Morgan <b>Lord Mayor's Parlour:</b> Menopause Workshop by Dr Manju Nair, Dr Rachel Churm & Chantal Patel
3- 5.30PM	Cultural performances resume

Please note that there will be Mini Yoga workshops in the Kent Room at the following times:  
**11.15, 12.15, 12.45, 1.30, 3PM & 3.45 PM**

Chess workshop will be held in **Committee Room 6A**

### **Stage Performances -Mela: Saturday 11 May 2024**

**Indian National Anthem**  
**Welsh National Anthem**  
Anoushka & Reshmika Opening Dance.  
**Pramila Devotional Dance**  
Suchitra Solo Performance  
**St Michaels Performance Senior Choir**  
St Michaels Performance  
**Dance Vance Bhangra Dance**  
Suja Nataraja Adults Classical Dance  
**Chitra/Ankita Childrens Dance**  
Kavitha/Suchitra duet dance  
**Dance Vance Programme Bhangra**  
Nishita Cugati Dance troop

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**Amrita Solo/Group Dance**  
Kavitha's Bollywood Dance Group  
**Octave-Singing Group**  
Suja Childrens Dance  
**Pramila adult ladies group dance**  
**Samarpan Dance School Adults Team 1**  
**Samarpan Dance School Adults Team 2**  
**Samarpan Dance School Children's Team 1**  
**Samarpan Dance School Children's Team 2**  
Dance Vance Solo Fusion Duet  
**Nalayini Childrens Team - Bharatnatyam**  
Amrit Batia bhangra  
**Akhila Sridhar Dance Performance**  
Children's Instrumental Performance